

Hand protection

About 5 minutes · Read it out, then ask the questions at the end.

Why it matters. Hand injuries are among the most common on site: cuts, crushing, burns and skin problems. Choosing the right gloves for the task matters.

The hazards

- Cuts from sharp edges, blades and cable armour
- Crushing and trapping
- Dermatitis from cement, solvents and wet work
- Burns from hot work
- Gloves caught in rotating machinery

Stay safe

- Wear gloves suited to the task, such as cut-resistant or chemical-resistant
- Don't wear gloves near rotating parts where they could be caught
- Check gloves for holes and replace them
- Wash and dry hands before eating and at the end of the shift
- Report skin problems such as redness, cracking or itching early
- Keep blades sharp and use the right tool

Ask the team

1. What gloves do you need for today's task?
2. When should you not wear gloves?
3. What are the early signs of dermatitis?

The law and guidance

Personal Protective Equipment at Work Regulations 1992; COSHH 2002 for skin hazards.

General guidance to help you give a toolbox talk. It doesn't replace your site's risk assessments, method statements, permits or training. Check it against your own site rules before you give it.

Free toolbox talk from EW Group, 110V site temps specialists. www.ewgroup.co.uk · Bristol 0117 982 0005 · London 020 7476 0001

Hand protection

Site: _____ Date: _____

Given by: _____ Company: _____

By signing, I confirm I attended this toolbox talk and understood it.

Name (print)	Company	Signature	Time

Keep this record with your site's training and briefing records.