

Eye protection

About 5 minutes · Read it out, then ask the questions at the end.

Why it matters. Eye injuries happen in an instant and can cause permanent sight loss. Grinding, drilling, cutting and chemicals are common causes.

The hazards

- Flying particles from cutting, grinding and drilling
- Dust and debris, especially overhead work
- Chemical splashes
- Welding arc and bright light

Stay safe

- Wear eye protection rated for the task
- Use goggles or a face shield where safety glasses aren't enough
- Keep lenses clean and replace scratched eyewear
- Use screens to protect people nearby
- Know where the eye wash station is
- If something gets in your eye, don't rub it: rinse it and get first aid

Ask the team

1. Which tasks on site today need eye protection?
2. Where is the nearest eye wash?
3. When would you need a face shield rather than glasses?

The law and guidance

Personal Protective Equipment at Work Regulations 1992.

General guidance to help you give a toolbox talk. It doesn't replace your site's risk assessments, method statements, permits or training. Check it against your own site rules before you give it.

Free toolbox talk from EW Group, 110V site temps specialists. www.ewgroup.co.uk · Bristol 0117 982 0005 · London 020 7476 0001

Eye protection

Site: _____ Date: _____

Given by: _____ Company: _____

By signing, I confirm I attended this toolbox talk and understood it.

Name (print)	Company	Signature	Time

Keep this record with your site's training and briefing records.